



A BOUTIQUE BATHHOUSE

A MODERN REVIVAL OF AN ANCIENT HEALING ART

HYDROTHERAPY STEAM | SOAK | SAUNA

Also known as water therapy, hydrotherapy involves the use of hot/cold showers, steam, dry heat sauna to detoxify, relieve discomfort and promote physical well-being. Our indoor/outdoor facilities include: aromatherapy-filled steam room, rain showers, soaking tub, dry cedar saunas. Light snacks, tea, filtered water, towels, flip flops are provided. Bathing suit is required.

OPEN HOURS – 2 HOURS

Monday + Friday: 6-8pm, ALL GENDERS | **\$45**

Last Wednesday of each month: 6-8pm,

LGBTQ+ | **\$45**

Sunday: 3-5pm, WOMEN ONLY | **\$45**

COMMUNITY HOURS – 2 HOURS

Tuesday + Thursday:

10:30am-12:30pm, ALL GENDERS | **\$25**

+ ADD ONS TO OPEN + COMMUNITY HYDROTHERAPY

Robe | **\$3**

Clay Face Mask | **\$5**

PRIVATE ROBES INCLUDED

FOR 1 – 60 MINS | **\$125**

FOR 2 – 60 MINS | **\$165**, 90 MINS | **\$195**

SMALL GROUP FOR 3-5 PEOPLE

90 MINS | **\$250**

2 HOURS | **\$325**

+ ADD ONS TO PRIVATE HYDROTHERAPY

Clay Face Mask | **\$5**

Hot Stone Chair Massage, 15 MINS | **\$25**

the Cabin | **\$50** (our new large cedar sauna)

Additional Guest, MAX 7 | **\$30**

MASSAGE THERAPY

All massages include hot stones and customized aromatherapy and use a combination of Swedish & deep tissue techniques tailored to your specific needs.

MINI MAINTENANCE

30 MINS | **\$75**

45 MINS | **\$100**

BODY MAINTENANCE

60 MINS | **\$125**

5-pack, 60 MINS EACH | **\$550**

CITYWELL SIGNATURE

75 MINS | **\$145**

5-pack, 75 MINS EACH | **\$625**

FULL BODY LUXURY 90 MINS | **\$175**

PRENATAL 70 MINS | **\$140**

OUTDOOR MASSAGE Seasonal, 60 MINS | **\$150**

***NEW! CABIN SIGNATURE** Enjoy a 75 min massage using a combination of Swedish and deep tissue techniques. Also includes hot stones on upper body and legs, customized aromatherapy and hot towels. 75 MINS | **\$175**

***NEW! MASSAGE FOR TWO** Enjoy two massages at the same time, one in our tranquil massage room the other in our beautiful outdoor Cabin or under the pergola in warmer months.

60 MINS (EACH) | **\$275**

+ ADD ONS TO MASSAGE

30 mins of Steam | **\$20**

30 mins of Steam | Soak | **\$35**

45 mins of Steam | Soak | Sauna | **\$50**

MINI TREATMENTS

Add on to any massage or body treatment.

WHITE CLAY FACE MASK APPLICATION

Relax indoors or out as we brush on our White Clay Bathhouse Blend Mask. Made from Kaolin facial scrub, Moroccan Rhassoul Clay and dehydrated coconut milk. Good for all skin types.

APPROX 15 MINS | **\$25**

FACIAL REJUVENATOR

Facial dry brushing followed by a facial massage with hot & cold stones and application of Aba Love Toner and Facial Serum. APPROX 25 MINS | **\$45**

REVITALIZING FOOT SOAK + MASSAGE

Soak your tired feet in our cooling and reviving Epsom salt soak. Relax while you sip tea and have your feet massaged with hot stones, finished with hot towels and our Refresh Aromatherapy.

APPROX 25 MINS | **\$45**

BODY TREATMENTS

Exfoliating and nourishing, these treatments will leave you relaxed and rejuvenated, with your skin glowing and spirit renewed!

***NEW! GOMMAGE** Gommage means “scrub” or “erase” in French. This traditional hammam treatment includes 30 mins of Steam + Soak, an application of Black Soap used to detox and nourish skin, then a full body scrub with an exfoliating mitt. After the treatment, take your mitt home!

APPROX 75 MINS | **\$150**

+ ADD ON BODY GLOW | **\$75**

REVIVE AROMATHERAPY SALT SCRUB

Steam | Soak | Sauna followed by a full body scrub with our custom-blended salts made with essential oils and dried herbs. Experience in our cobalt rain showers or outside under the pergola (seasonal).

APPROX 90 MINS | **\$185**

+ ADD ON BODY GLOW | **\$75**

CABIN CUSTOM CLAY TREATMENT

Steam | Soak | Sauna then enjoy a full body dry brush treatment to improve circulation and detoxification of the lymphatic system. Relax while we apply our custom French green clay blend. Dry in the heated Cabin or in the open air. Rinse in our indoor/outdoor showers, leaving your skin purified, replenished and refined. APPROX 120 MINS | **\$200**

+ ADD ON BODY GLOW | **\$75**

BODY GLOW A light full body application of Aha Love Petal Hydrating Mist and Skin Nourishing Body Tonic.

APPROX 30 MINS | **\$75**

+ ADD ON FULL BODY DRY BRUSHING | **\$15**

MEMBERSHIPS

All memberships include unlimited Open + Community hydrotherapy hours.

1 MONTH | **\$150**

10% off all services & products.

3 MONTHS | **\$350**

10% off all services & products, 2 guest passes and a cityWell tote bag.

6 MONTHS | **\$600**

15% off all treatments, 4 guest passes and a cityWell tote bag

1 YEAR | **\$1,000**

20% off all treatments, 6 guest passes, a cityWell tote bag and a cityWell water bottle.

GIFT CARDS AVAILABLE

PACKAGES

Prepare to relax and indulge with one of our thoughtful packages – enjoy solo or with your partner or friend.

————— FOR ONE —————

SELF-CARE WELL DAY This is a perfect package for anyone in need of “you time”! Relax and unwind with Steam | Soak | Sauna then enjoy our Revitalizing Foot Soak followed by our Full Body Luxury Massage leaving you feeling nurtured, rejuvenated, and WELL cared for. Your body and mind will thank you!

APPROX 3 HRS | **\$300**

EXPECTING MOMS Take care of YOU before the baby comes! Enjoy a Revitalizing Foot Soak + Massage with hot stones, a Custom Clay Mask application then rinse in our rain showers before a 70 min Prenatal Massage. Relax, replenish, and take with you our custom Revive Salt Soak to continue treating yourself at home!

APPROX 2.5 HRS | **\$250**

OUTDOOR ESCAPE For the outdoor enthusiast!

Enjoy a seasonal mimosa, then a 45 min of Steam | Soak | Sauna, a Custom Clay Mask application, and a 75 min Outdoor or Cabin Massage with hot stones and aromatherapy (seasonal). APPROX 2.5 HRS | **\$265**

RELAX + RECHARGE Enjoy 45 mins of Steam | Soak | Sauna followed by a 30 min hot stone massage and aromatherapy. Includes a towel, flip flops as well as use of the indoor and outdoor relaxation areas and a cold beer from Other Half Brewing. APPROX 75 MINS | **\$150**

————— FOR TWO —————

RELAX + RESTORE Our most popular package! Includes one hour of Steam | Soak | Sauna, two glasses of bubbly and two 30 min hot stone massages. Perfect for couples or friends who need some R&R. Makes a great gift, too! APPROX 2.5 HRS | **\$325**

STAYCATION FOR TWO Relax with an hour of Steam | Soak | Sauna and sip on seasonal mimosas as you sway in our double hammock. Enjoy two 60 min Hot Stone Body Maintenance Massages and two Personal Clay Face Masks. APPROX 3.5 HRS | **\$425**

PRIVATE PARTIES 8-12 people (MAX 18).

Host your next birthday or bachelorette party at cityWell! Our steam room, luxurious indoor and outdoor rain showers, outdoor hydrotherapy tub, two cedar saunas, relaxation lounge and amazing outdoor oasis are ALL yours!

BASIC 2 HOURS | **\$600, STANDARD** 3 HOURS | **\$800**

LUXE 4 HOURS, Includes robes & clay masks | **\$1,000**

+ ADD ONS TO PRIVATE PARTIES

Robe | **\$3** Clay Face Mask | **\$5**

Additional Guests, 15 max | **\$30**

Corkage fee | **\$10** – 1-2 bottles, **\$25** – 3-6 bottles

Fire Pit | **\$15**

**Please limit bottles to 6 to insure feeling WELL!*